

SAMPLE SNACK MENU



There shall be two different nutrition components served with each snack.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	Banana Milk	String Cheese Wheat Thins Water	Cereal Bar Milk	Yogurt Toasted Oats Water	Pear Fruit Cup Animal Crackers Water
PM	Yogurt Graham Crackers Water	Graham Cracker Milk	Apple Slices - T, PS Natural Applesauce - YT Whole Grain Goldfish Water	Animal Crackers Milk	Cereal Bar Milk
AM	Pear Fruit Cup Animal Crackers Water	Cereal Bar Milk	Yogurt Toasted Oats Water	Apple Slices - T, PS Natural Applesauce - YT Whole Grain Goldfish Water	Graham Cracker Milk
PM	String Cheese Wheat Thins Water	Banana Milk	Animal Crackers Milk	Cereal Bar Milk	String Cheese Wheat Thins Water
AM	Banana Milk	Animal Crackers Milk	Cereal Bar Milk	Graham Cracker Milk	Pear Fruit Cup Animal Crackers Water
PM	String Cheese Wheat Thins Water	Yogurt Toasted Oats Water	Apple Slices - T, PS Natural Applesauce - YT Whole Grain Goldfish Water	String Cheese Wheat Thins Water	Cereal Bar Milk
AM	Graham Cracker Milk	Yogurt Graham Crackers Water	Toasted Oats Milk	Apple Slices - T, PS Natural Applesauce - YT Whole Grain Goldfish Water	Yogurt Toasted Oats Water
PM	String Cheese Wheat Thins Water	Banana Milk	String Cheese Wheat Thins Water	Cereal Bar Milk	Pear Fruit Cup Animal Crackers Water
AM	Banana Milk	Pear Fruit Cup Animal Crackers Water	Cereal Bar Milk	Toasted Oats Milk	Pear Fruit Cup Animal Crackers Water
PM	Yogurt Toasted Oats Water	Graham Cracker Milk	Apple Slices - T, PS Natural Applesauce - YT Whole Grain Goldfish Water	Yogurt Graham Crackers Water	String Cheese Wheat Thins Water